

A WRITER'S MORNING ROUTINE

WHAT'S THE FIRST THING YOU
THINK ABOUT WHEN YOU
WAKE UP?

HOW CAN YOU REMIND
YOURSELF TO THINK ABOUT
YOUR WRITING FIRST THING?

WHAT'S THE MOST
IMPORTANT GOAL YOU HAVE
FOR YOUR WRITING?

WHAT'S THE DAILY ACTION
YOU NEED TO TAKE TO
REACH THIS GOAL?

WHAT'S THE BIGGEST
HURDLE TO YOUR STARTING
THIS DAILY ACTION?

HOW CAN YOU MAKE IT
EASIER TO START THIS
ACTION EVERY MORNING?

WHAT'S ONE THING YOU
COULD DO EVERY MORNING
TO MAKE YOU LOOK
FORWARD TO WRITING?

HOW WILL YOU REMEMBER
TO DO THESE EVERY
MORNING?

WHAT DOES YOUR DREAM WRITING DAY
LOOK LIKE?

HOW CAN GIVE YOURSELF A TASTE OF THIS
DREAM FOR 5 MINUTES EVERY MORNING?
