

THINGS I'VE LEARNED

FROM _____ I LEARNED:

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PROMPTS

1. What are your highest principles?
2. Who taught you these principles?
3. How did they teach you?
4. If they hadn't taught you, would you have learned them?
5. Who taught you to see and value your advantages in life?
6. Who taught you to see your own deficiencies?
7. Who taught you your favourite "life hacks"?
8. How do you improve on their teachings?
9. Who taught you the lesson that has helped you the most?
10. Who taught you the lesson that has hurt you the most?
11. Who taught you the most about relationships?
12. Who taught you the most about family and community?
13. Who taught you the most about money and finances?
14. Who taught you the most about health and happiness?
15. Whose lessons have you yet to learn?
16. How can you find teachers for the lessons you still want to learn?
17. Which one teaches you more, a good example, or a bad example?
18. What lessons you want to teach in turn?
19. What can you learn from your teachers about teaching?
20. Which fictional characters have taught you the most?
21. What made you willing to learn from them?
22. How can your characters pass on the lessons you've learned?